



Parent Child Center

Northwestern Medical Center Pediatric Developmental Clinic in collaboration with Northwestern Counseling & Support Services

Dear Primary Care Provider,

We are excited to share that Northwestern Medical Center is now offering a part time Pediatric Developmental Clinic! With a goal of increasing access for developmental evaluations in Vermont the clinic will initially be offered twice per month with about 4 patients/day. To start, we will focus on children in Franklin and Grand Ilse counties that are age 6 years and under where there is a question of possible Autism Spectrum Disorder. In the future, we plan to increase the number of clinic days offered along with serving both a larger geographic area, older children, and children with developmental concerns in a larger context. As the clinic expands, we hope to offer follow-up appointments that can include children with known developmental delays that are experiencing trouble with sleep, diet, toileting, unsafe/unwanted behavioral issues, and medication management for complex developmental/behavioral concerns.

Primary clinician, Katherine Shattuck, C-PNP, C-PMHS is an experienced certified pediatric nurse practitioner with subspeciality training in pediatric mental health and neurodevelopmental disabilities. Katherine Shattuck has over ten years of clinical experience diagnosing and management of children and adolescents with a wide variety of developmental and behavioral disorders. Expertise in diagnosis and treatment of autism spectrum disorders including training in ADOS-2. Katherine Shattuck is uniquely prepared with her knowledge of pediatric primary care, extensive experience in developmental pediatrics, and focus on collaboration with additional team members and community partners to lead this opportunity and increase access of these important services.

Additional clinic team members include staff members from Northwestern Counseling and Support Services with specialty training in Autism Diagnosis, child development, early intervention, and unyielding dedication to supporting strong families.

Referrals can be placed by downloading the online referral form <u>here on NMC's website</u> and emailing the completed referral to: <u>NMCDevelopmentalClinic@nmcinc.org</u>

Prior to scheduling patients, we ask for updated release of information for all care team members. <u>Find the Release of Information form here.</u>

All questions can be sent to <u>NMCDevelopmentalClinic@nmcinc.org</u>

As this program is in its infancy, we appreciate your patience as we establish the best workflow and appreciate your feedback.

As the Northwestern Pediatric Developmental Clinic grows, we will be sure to send out updated information.

We look forward to collaborating with you to provide these important services.

Sincerely,

NMC Developmental Clinic