



{Y}OUR *tomorrow*

We know our future impacts yours, so we're excited to introduce our new {Y}OUR *tomorrow* website—a place to explain our goals, celebrate how we're growing together, ask questions and share new ideas and stories.

We hope you'll join us at
tomorrow.northwestern.org
where you can:

ask us a question in our Q&A section to better understand why we do what we do.

hear stories celebrating community members working hard to better all our tomorrows and share your own!

learn about NMC's goals to help improve the future of our community.



THIS PUBLICATION
IS 100% RECYCLABLE.

Insights

your health and your hospital



Name Change: Northwestern Partners in Hope and Recovery

Northwestern Medical Center is delighted to announce that NMC’s “pain clinic” has formally changed its name and identity to Northwestern Partners in Hope and Recovery. This new name better reflects our mission and approach, as we partner with community members who are working to overcome addiction. The butterfly in the logo represents the transformative changes many of our patients make in the process of recovery and growth.

“With expanded services including educational groups, psychiatry, medication management, multiple care providers, nursing care coordination, mindfulness and social work, we are well equipped to provide a whole-person, holistic approach to recovery,” says Medical Director Suzan White.

“It is our goal to create a foundation for lasting change in individuals who are ready to move toward a more stable and healthy life. Our experienced team facilitates this transformation by treating everyone who walks through our doors with kindness, caring and respect,” she says.

The transition to the new name is underway - look for more communications in the community, including success stories from the practice.

Dr. Suzan White, DO
 Medical Director of
 Northwestern Partners
 in Hope and Recovery.



Easy Access
{we do that here}

NMC publishes Insights on a bimonthly basis to help our neighbors have a better understanding of their primary care hospital. If you have questions or comments about this publication, please email insights@nmcinc.org or call our Community Relations Office at 524-1280.

2
 NMC launch’s partnership for Endocrinology services this fall with the University of Vermont Medical Center.

3
 NMC welcomes new providers, in the fields of Primary Care, Pediatrics and Obstetrics and Gynecology.

Non Profit Org
 US Postage
PAID
 Burlington, VT
 Permit #478
 ECR WSS
 Postal Patron



NMC PARTNERS WITH UVMMC TO OFFER ENDOCRINOLOGY SERVICES

NMC is excited to announce the launch of Endocrinology services this fall in partnership with the University of Vermont Medical Center.

With office hours two days each week, Dr. Kaitlyn Barrett of UVMMC will be available to patients seeking help with conditions of the endocrine system including diabetes, thyroid disease, high cholesterol and many others.

Dr. Barrett will see patients of Northwestern Endocrinology in the Medical Clinics Building at NMC, conveniently located at the front of campus, just off the main hospital entrance. This endocrinology



Dr. Kaitlyn Barrett

partnership fills a gap in services in our local area, and is modeled after other collaborations between NMC and UVVMC.

The two hospitals also work together to provide Cardiology and Neurology services locally. If you'd like to learn more or to request an early appointment with Northwestern Endocrinology, call

524-8852



NMC has a bumper crop of new providers joining our staff this fall, in the fields of Primary Care, Orthopaedics, Pediatrics and Obstetrics and Gynecology.



Dr. Elizabeth Disney

Dr. Elizabeth Disney started practice with Northwestern OB/GYN in August. She is originally from Plattsburgh, NY and recently completed her four-year OBGYN residency at the University of Utah Hospital in Salt Lake City. She said she enjoys caring for women of all ages, through their greatest triumphs and their most challenging hardships. She spends most of her free time in the outdoors, trail running, skiing and playing on the lake.



Dr. Cecilia Disney

Her sister, also joined NMC recently! Dr. Cecilia Disney is a Primary Care/Family Practice provider and joins the teams at Northwestern Primary Care in St. Albans and Northwestern Georgia Health Center. Cecilia is excited to join her sister Elizabeth at NMC, but said that it was really the people and staff at Northwestern Medical Center who helped her make the decision to come to Vermont from the Sea Mar Community Health Centers near Seattle where she had been practicing. “You have to be energized by your colleagues,” she said, something she experienced during her interview process. Dr. Disney also said she enjoys family practice because it allows her to get to know people deeply, and to connect with whole families.

Dr. Nathan Mauser

began work with the Northwestern Orthopaedic and Rehabilitation Center in mid-September. Dr. Mauser earned his medical degree from the University of Louisville School of Medicine and performed his residency at the University of Vermont Department of Orthopaedics and Rehabilitation. He also did a spine fellowship at the University of Pittsburgh Medical Center Department of Orthopaedics. He has strong family ties to the area and said that “Vermont and NMC are the perfect blend of natural beauty and community. I have always wanted to work at a community hospital. NMC has allowed me to create a practice specializing in my two favorite areas of orthopaedics: total joint replacements and spine surgery.”



The Northwestern Orthopaedic and Rehabilitation Center also gained another new provider this fall with the addition of:



Rebecca Winslett, PA

She began her career working in the area of hand surgery, and most recently worked in general orthopaedics at a practice in Massachusetts. She said ortho is her passion, and she has experience in sports medicine, shoulder arthroplasty, and total joint replacements.