



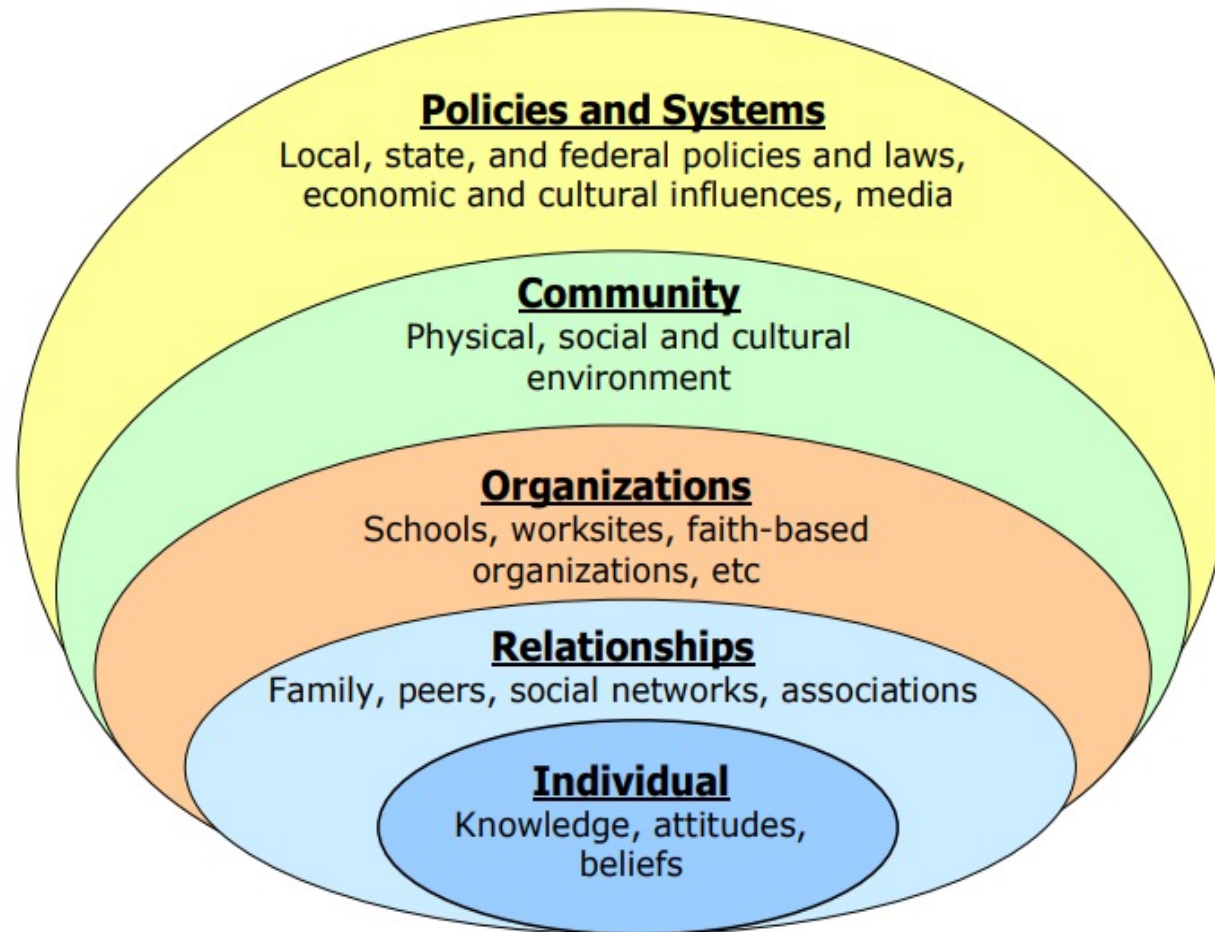
Community Based Prevention:

Common Health Outcomes Between Clinical Care and Community Prevention.

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Vermont Prevention Model



Prevention in Our Community

The goal of prevention is to reduce the opportunity for a chronic health issue to take hold in individuals, families and communities.

We do that through:

Education

Laws

Policy and Practices

Norms

Culture

Attitudes

Early Intervention

Empowerment

Community Design

Links Between Community Prevention and Clinical Care

Primary Prevention

- Reduces the incidence of a chronic illness, disparity or public health issue.
- Focus is population level change on chronic issues.
- Addresses a chronic disease or issues by targeting interventions in certain areas such as youth, ordinances and media.
- Changing the environment where we live, reduces the incidence of all chronic health issues for all people.

Clinical Care

- Reduces the symptoms of an illness or reduces the onset of an illness.
- Individual change on chronic illness.
- Address the chronic disease or presenting problem individually with medication or other intervention for an individual.
- Individual interventions geared toward changing a behavior or physical illness.

Celebrating the Connections

- The focus is on health and wellness.
- Look at both behavioral issues as well as physical ailments.
- Blending how we do our work through data and science.
- Recognizing Primary Prevention reduces chronic disease and all public health issues.
- Capitated Payments- catching illness early saves money.
- Broadening our understanding of behaviors and experiences that lead to chronic disease and the role they play in health, wellness, community safety and personal success.
- Strategic Planning- targeting interventions for better outcomes.

Here's my Hope List:

Clinical and Community Collaborations...YES!

- Prevention takes a little longer to show results, and the successes are lifetime changes. Invest in Primary Prevention to increase positive outcomes and reduce chronic disease together.
- Dedicate a percentage of the capitated payments to primary prevention.
- Continue to share knowledge, ideas, and data to collaborate to improve health outcomes in our community and community members.
- Let's keep working to finding common successes and continue to celebrate all the great work we do. We don't celebrate enough, let's do more!

Thank You!

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Slide2: https://www.healthvermont.gov/sites/default/files/documents/pdf/ADAP_Prevention%20Program%20Overview.pdf